



# Services

## Signature

Therapeutic and Swedish massage using your choice of organic oils and creams. Includes hot towels & aromatherapy.

**\$77 / \$108**

## Deep Tissue

Deep holds and firm pressure to loosen adhesions and create mobility

**\$77 / \$108**

## Cupping Massage

Add the ancient method of fire cupping to your massage. Cupping breaks up stagnation and congestion by drawing congested blood, chi and adhesions to the surface.

**\$82 / \$113**

## Grecian

This treatment balances the nervous system using powder, dry brushing, warmed handcrafted rosemary herbal oil, and cupping.

**\$85 / \$115**

## Mayan Toning

This treatment includes handcrafted coffee & cinnamon infused coconut oil, blended with cocoa butter to tone the skin and promote elasticity. Cups are placed in areas to target areas you would like smoothed. You will smell amazing!

**\$85 / \$115**

## Moon

Induce deep relaxation during moon menstrual cycle time with handcrafted herbal Mugwort Castor Oil + vetiver essential oil. Motherwort Tea Towels are placed on the abdomen and back.

**\$80 / \$110**

## Prenatal

Prenatal safe therapy for the expecting mother and baby, offered by aspiring doula & nanny.

**\$77 / \$108**